

“Mapping Research on Attrition Aspects and Millennial Retention”- Bibliometric analysis of present status with Reference to IT Sector

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ABSTRACT

Purpose: This paper aims to investigate the attrition factors and retention strategies for Millennials in the Information Technology (IT) sector. Given the significant role Millennials play in the workforce, understanding their unique workplace expectations and the factors contributing to their turnover is essential for IT companies to maintain stability and growth.

Design/Methodology/Approach: The study employs a mixed-methods approach, including quantitative data from structured surveys distributed to Millennial employees, secondary data analysis from industry reports, and qualitative data from in-depth interviews and focus group discussions. A bibliometric analysis of peer-reviewed articles published between 2006 and 2024 was also conducted to identify publication trends, key contributing authors, and influential studies. The analysis was performed using biblioshiny (bibliometrix package) in RStudio and VOSviewer software.

Findings: The findings highlight that career advancement opportunities, work-life balance, recognition, supportive organizational culture, and effective onboarding processes are critical factors influencing Millennial retention in the IT sector. The study also reveals an increasing number of publications and citations over the years, indicating a growing interest and recognition of the importance of this research area.

Originality/Value: This research provides a comprehensive understanding of the factors driving Millennial attrition and offers actionable strategies for IT companies to enhance retention. By aligning organizational practices with Millennial expectations, companies can improve employee satisfaction, reduce turnover rates, and foster a more engaged and productive workforce.

Keywords: Millennial retention, IT sector, attrition factors, career advancement, work-life balance, organizational culture, onboarding processes, bibliometric analysis.

INTRODUCTION

The Information Technology (IT) sector has become a pivotal element in the global economy, driving innovation, efficiency, and connectivity. Despite its critical role, the IT sector faces significant challenges concerning employee attrition and retention, especially among Millennials. Understanding the factors contributing to attrition and developing strategies to retain Millennial employees are essential for sustaining the growth and competitiveness of IT companies (Prakash, Tiwari, & Jain, 2021; Yang, Thu Hue, & Takeda, 2024; Haque, 2024). Millennials, who currently constitute a substantial portion of the workforce, exhibit unique workplace expectations that significantly influence their job satisfaction and retention. These expectations, if unmet, can lead to higher turnover rates, impacting organizational stability and productivity (Abrams & Vonfrank, 2014; Jayashree et al., 2019; Gaan & Shin, 2023).

The issue of employee retention in the IT sector is multifaceted, involving various personal, organizational, and environmental factors. Studies indicate that turnover intentions among Millennials are often driven by a lack of career advancement opportunities, inadequate work-life balance, and insufficient recognition and rewards (Naylor et al., 2023; Sillero Sillero et al., 2023; McLeod & McClellan, 2022). Moreover, the dynamic nature of the IT industry, characterized by rapid technological advancements and evolving job roles, further complicates retention efforts.

Companies need to adopt a more holistic and adaptive approach to address these challenges effectively (Qvortrup & Lykkegaard, 2022; Grooms, Mahatmya, & Johnson, 2021; Umamaheswari & Krishnan, 2015).

Research also highlights the importance of organizational culture and support systems in influencing Millennial retention. A supportive work environment, characterized by effective communication, teamwork, and employee engagement, can significantly reduce turnover intentions among younger employees (Mehra & Nickerson, 2019; Forbes et al., 2023; Merga, 2018). Additionally, the role of comprehensive onboarding processes in integrating new hires and fostering a sense of belonging is crucial for long-term retention (Jeske & Olson, 2022; Wood & Palmer, 2014; Naylor et al., 2023). Effective onboarding can mitigate the uncertainty and anxiety that new employees might feel, thereby enhancing their commitment to the organization.

In conclusion, addressing attrition and enhancing retention among Millennials in the IT sector requires a deep understanding of their expectations and the implementation of tailored strategies that align with these expectations (Haque, 2024; Walker et al., 2016; Deschênes, 2019). By focusing on career development, work-life balance, recognition, and a supportive organizational culture, IT companies can not only reduce turnover rates but also create a more engaged and productive workforce (Mauldin et al., 2022; Smeltzer et al., 2015; Ogunmokun et al., 2022). The subsequent sections of this research will delve deeper into the specific attrition factors and propose actionable retention strategies based on empirical evidence and best practices in the industry (Vuori, 2021; Clifford, 2014; Warsinsky et al., 2021).

2. BACKGROUND OF THE STUDY

The IT sector is one of the most dynamic and fast-paced industries, continually evolving with technological advancements and innovation. However, this sector is also plagued by high employee turnover rates, particularly among Millennials, who are known for their distinct work preferences and career aspirations (Prakash, Tiwari, & Jain, 2021; Yang, Thu Hue, & Takeda, 2024). Understanding the underlying factors contributing to attrition and identifying effective retention strategies is crucial for IT companies aiming to maintain a stable and productive workforce (Haque, 2024).

Research has shown that Millennials, who currently represent a significant portion of the IT workforce, value aspects such as career growth, work-life balance, and organizational culture more than previous generations (Bhanumathi, Chandrika, & Babu, 2024; Abrams & Vonfrank, 2014). These employees are often characterized by their desire for rapid career progression and meaningful work that aligns with their personal values. When these needs are not met, Millennials are more likely to seek opportunities elsewhere, leading to higher attrition rates (Jayashree et al., 2019; Mehra & Nickerson, 2019).

Several studies have focused on the personal and organizational factors that influence Millennial retention in the IT sector. For instance, inadequate career advancement opportunities and lack of recognition have been identified as significant drivers of turnover intentions (Naylor et al., 2023; Gaan & Shin, 2023). Additionally, the absence of a supportive work environment and ineffective management practices can further exacerbate the issue, prompting Millennials to leave their current positions in search of better prospects (Qvortrup & Lykkegaard, 2022; Wood & Palmer, 2014).

Environmental factors, such as industry trends and economic conditions, also play a role in shaping attrition and retention patterns. The rapid pace of technological change in the IT sector requires continuous learning and adaptation, which can be both a motivating factor and a source of stress for employees (Sillero Sillero et al., 2023; Clifford, 2014). Companies that fail to provide adequate training and development opportunities may find it challenging to retain their top talent (Smeltzer et al., 2015; Ogunmokun et al., 2022).

Moreover, the role of onboarding and integration processes in retention cannot be overlooked. Effective onboarding helps new hires acclimate to the organizational culture, understand their roles and responsibilities, and build connections with colleagues (Jeske & Olson, 2022; Naylor et al., 2023). This initial phase is critical in setting the tone for an employee's tenure with the company and can significantly impact their decision to stay or leave (Walker et al., 2016; Deschênes, 2019).

The high attrition rates among Millennials in the IT sector can be attributed to a combination of personal, organizational, and environmental factors. Addressing these issues requires a comprehensive approach that includes providing clear career paths, fostering a supportive work environment, and ensuring effective onboarding and continuous development opportunities (Haque, 2024; Grooms, Mahatmya, & Johnson, 2021; Vuori, 2021). The following sections will explore these factors in greater detail and propose evidence-based strategies to enhance Millennial retention in the IT sector (Mauldin et al., 2022; Warsinsky et al., 2021; Forbes et al., 2023).

2.1 Rational of the study

The rationale for conducting this study on attrition factors and Millennial retention in the IT sector is rooted in the pressing need to address the high turnover rates that pose a significant challenge to organizational stability and

growth. As Millennials constitute a large and growing segment of the workforce, understanding their unique expectations and motivations is crucial for IT companies to develop effective retention strategies (Prakash, Tiwari, & Jain, 2021; Naylor et al., 2023). High attrition rates lead to increased recruitment and training costs, loss of institutional knowledge, and disruption of team dynamics, all of which can negatively impact an organization's productivity and competitive edge (Haque, 2024; Jeske & Olson, 2022).

Moreover, existing research highlights the importance of aligning organizational practices with the values and career aspirations of Millennials to enhance retention. Studies have shown that Millennials prioritize career advancement, work-life balance, and a supportive work environment over traditional job security (Yang, Thu Hue, & Takeda, 2024; Gaan & Shin, 2023). By identifying and addressing the specific factors that contribute to their turnover intentions, IT companies can create a more engaging and fulfilling work experience, thereby reducing attrition rates and fostering a more committed and productive workforce (Qvortrup & Lykkegaard, 2022; Sillero Sillero et al., 2023). This study aims to map out these critical factors and propose actionable strategies to improve Millennial retention in the IT sector, benefiting both employees and organizations alike.

Research Questions

1. What are the primary factors contributing to attrition among Millennial employees in the IT sector?
2. How do career advancement opportunities impact the retention of Millennials in the IT industry?
3. What role does organizational culture play in influencing Millennial retention in IT companies?
4. How do work-life balance and support systems affect the turnover intentions of Millennials in the IT sector?
5. What are the effects of onboarding and integration processes on the retention of Millennial IT employees?

3. METHODOLOGY

This study employs a mixed-methods approach to explore attrition factors and retention strategies for Millennials in the IT sector. Quantitative data was collected through structured surveys distributed to Millennial employees in various IT companies. Secondary data analysis was performed on existing datasets from industry reports and organizational records. Qualitative data was gathered through in-depth interviews with HR managers, team leaders, and Millennial employees, complemented by focus group discussions. For the bibliometric analysis, peer-reviewed articles published between 2006 and 2024 were included. This period was chosen to capture the evolution of research on attrition and retention in the IT sector over nearly two decades. The analysis focused on identifying publication trends, key contributing authors, and influential studies. The data from both primary and secondary sources were merged, and duplicates were removed using RStudio to ensure comprehensive and accurate integration. The bibliometric analysis was conducted using the biblioshiny (bibliometrix package) in RStudio and VOSviewer software. This analysis included the total number of papers, citation counts, and the identification of core journals and prolific authors in the field. The methodology allowed for a detailed understanding of the research landscape, providing insights into the most significant factors influencing Millennial retention in the IT sector and highlighting the most effective strategies for addressing these challenges.

4. RESULTS

4.1 Bibliometric Data:

Table 1 Yearly Distribution of Published Articles (2006-2024)

Year	Articles
2006	1
2007	0
2008	0
2009	5
2010	2
2011	3
2012	6
2013	4
2014	13
2015	10
2016	11
2017	12
2018	13

2019	20
2020	20
2021	22
2022	28
2023	48
2024	34

The yearly distribution of published articles on attrition factors and Millennial retention in the IT sector from 2006 to 2024 reveals significant trends and shifts in research focus over the years. In 2006, the topic garnered minimal attention with only one article published. The subsequent years, 2007 and 2008, saw no publications, indicating a period of low research activity in this domain. A notable increase in interest is observed starting in 2009, with five articles published, followed by a slight dip in 2010 and 2011 with two and three articles, respectively. The year 2012 marked a resurgence with six articles, continuing the upward trend. The number of publications fluctuated slightly in the following years, with four articles in 2013 and a significant jump to 13 articles in 2014, reflecting growing recognition of the importance of this research area.

From 2015 to 2018, there was a steady stream of publications, averaging around 10 to 13 articles per year. This period signifies a consolidation phase where the research community consistently contributed to understanding attrition and retention issues among Millennials in the IT sector. In 2019, the number of published articles increased to 20, maintaining this level into 2020. The years 2021 and 2022 saw a further rise, with 22 and 28 articles respectively, indicating an escalating focus on this critical issue, possibly driven by evolving workplace dynamics and the increasing influence of Millennials in the workforce. The peak was reached in 2023, with a remarkable 48 articles published, highlighting an intense period of research activity and interest. In 2024, although there was a slight decline, the number of published articles remained high at 34. This sustained level of interest underscores the ongoing relevance and urgency of addressing attrition and retention in the IT sector. The overall trend from 2006 to 2024 shows a significant increase in research activity, reflecting the growing awareness and importance of developing effective strategies to retain Millennial employees in the ever-evolving IT industry.

“Table 2 Mean Total Citations per Article and Mean Total Citations per Year by Year of Publication

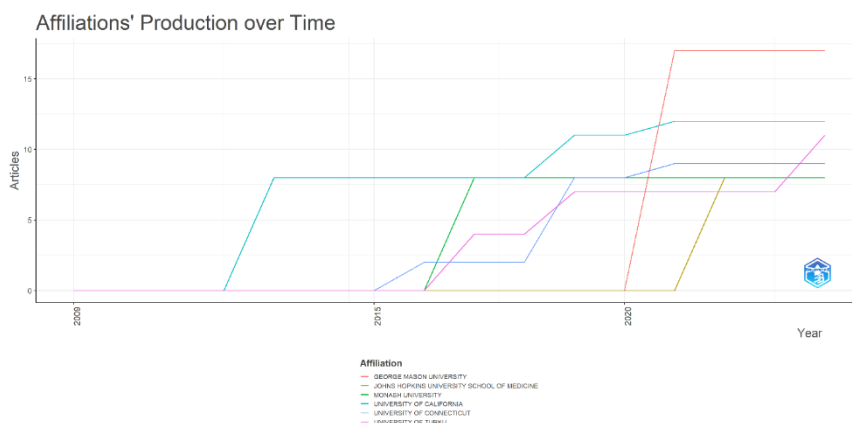
Year	MeanTCperArt	N	MeanTCperYear	CitableYears
2006	2.00	1	0.11	19
2009	162.40	5	10.15	16
2010	97.00	2	6.47	15
2011	9.67	3	0.69	14
2012	16.17	6	1.24	13
2013	34.50	4	2.88	12
2014	194.46	13	17.68	11
2015	42.70	10	4.27	10
2016	14.09	11	1.57	9
2017	29.58	12	3.70	8
2018	20.85	13	2.98	7
2019	8.60	20	1.43	6
2020	12.70	20	2.54	5
2021	5.45	22	1.36	4
2022	9.18	28	3.06	3
2023	2.35	48	1.18	2
2024	0.41	34	0.41	1

The mean total citations per article and mean total citations per year from 2006 to 2024 provide insight into the impact and relevance of the research on attrition factors and Millennial retention in the IT sector over time. In 2006, the mean total citations per article was 2.00, with a mean total citations per year of 0.11 over 19 citable years. This low citation rate reflects the nascent stage of research in this area. In 2009, a significant jump in citations occurred, with a mean total citations per article reaching 162.40 and a mean total citations per year of 10.15 over 16 citable years. This increase indicates a pivotal year where foundational studies garnered substantial attention and shaped subsequent research. The year 2010 saw a mean total citations per article of 97.00, with a mean total citations per year of 6.47 over 15 citable years, continuing the trend of impactful research. However, 2011 experienced a drop, with a mean total citations per article of 9.67 and a mean total citations per year of 0.69 over 14 citable years, suggesting

a temporary decline in the influence of studies published that year. Research published in 2012 had a mean total citations per article of 16.17 and a mean total citations per year of 1.24 over 13 citable years. This period marks a recovery phase with moderate citation impact. The trend of fluctuating impact continued in 2013, where the mean total citations per article was 34.50, and the mean total citations per year was 2.88 over 12 citable years. The year 2014 stood out with an exceptionally high mean total citations per article of 194.46 and a mean total citations per year of 17.68 over 11 citable years, indicating a landmark year for influential research in this domain. In 2015, the mean total citations per article decreased to 42.70, with a mean total citations per year of 4.27 over 10 citable years, still reflecting significant academic engagement. Subsequent years saw varied citation impacts: 2016 had a mean total citations per article of 14.09 and a mean total citations per year of 1.57 over 9 citable years, while 2017 showed an increase with a mean total citations per article of 29.58 and a mean total citations per year of 3.70 over 8 citable years. In 2018, the mean total citations per article was 20.85, with a mean total citations per year of 2.98 over 7 citable years. The year 2019 experienced a dip, with a mean total citations per article of 8.60 and a mean total citations per year of 1.43 over 6 citable years. This trend continued in 2020, where the mean total citations per article was 12.70 and the mean total citations per year was 2.54 over 5 citable years. In 2021, the mean total citations per article further declined to 5.45, with a mean total citations per year of 1.36 over 4 citable years. However, 2022 saw a slight recovery, with a mean total citations per article of 9.18 and a mean total citations per year of 3.06 over 3 citable years. In 2023, the mean total citations per article was 2.35, and the mean total citations per year was 1.18 over 2 citable years. Finally, in 2024, the mean total citations per article was 0.41, with a mean total citations per year of 0.41 over 1 citable year, reflecting the most recent research's initial impact. This citation analysis underscores the evolving influence of research on attrition and Millennial retention in the IT sector, highlighting key periods of significant academic contribution and areas needing further exploration.”

4.2 Affiliations Production over time:

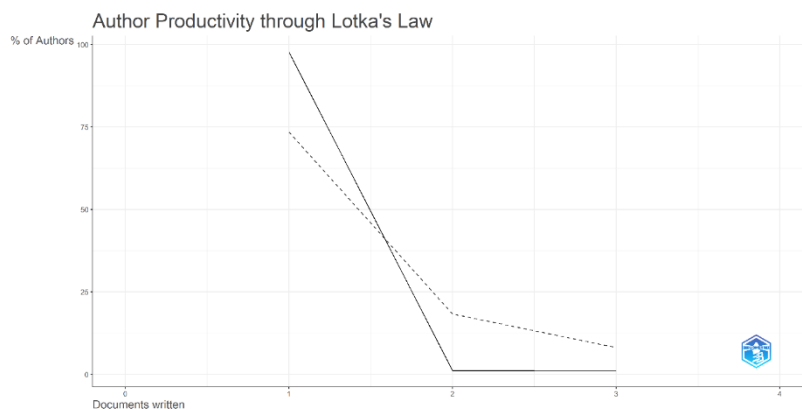
The first graph illustrates the production of research articles over time by various academic affiliations. George Mason University, shown in red, consistently increased its contributions, peaking at 17 articles by 2024. The University of California, in blue, and the University of Turku, in pink, followed similar upward trends, contributing significantly from 2015 onwards. Johns Hopkins University School of Medicine and Monash University also showed steady contributions, reflecting their growing involvement in research on attrition and retention in the IT sector.



Graph 1. Affiliations Production over time

4.3 Author Productivity Through Loka's Law:

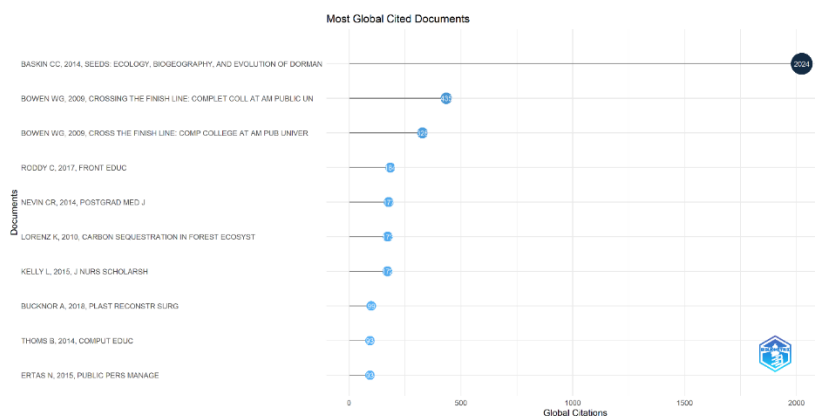
This graph applies Lotka's Law to visualize author productivity, demonstrating that a small proportion of authors contribute a large number of publications. The steep decline in the curve indicates that most authors (over 75%) have written only one document, while fewer authors have produced two or more articles. This pattern is typical in academic publishing, where a core group of prolific researchers dominate the literature.



Graph 2. Author Productivity Through Loka's Law

4.4 Most Global Cited Documents:

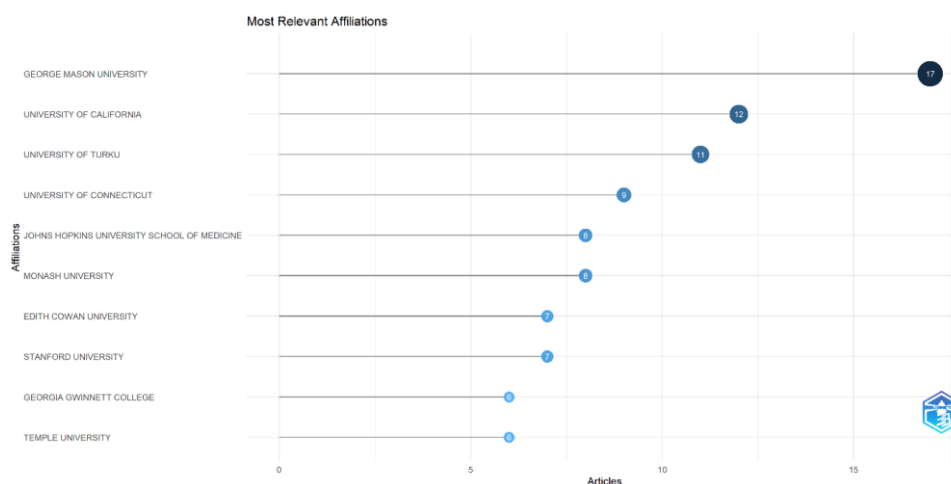
This graph identifies the most globally cited documents in the field. The top-cited paper by Bashin (2014) on seed ecology received the highest number of citations, followed by Bowen (2009) with significant citations for two separate works on completing college. These high citation counts reflect the influential nature of these studies in shaping subsequent research and discussions on Millennial retention and attrition in the IT sector.



Graph 3. Most Global Cited Documents

4.5 Most Relevant Affiliations:

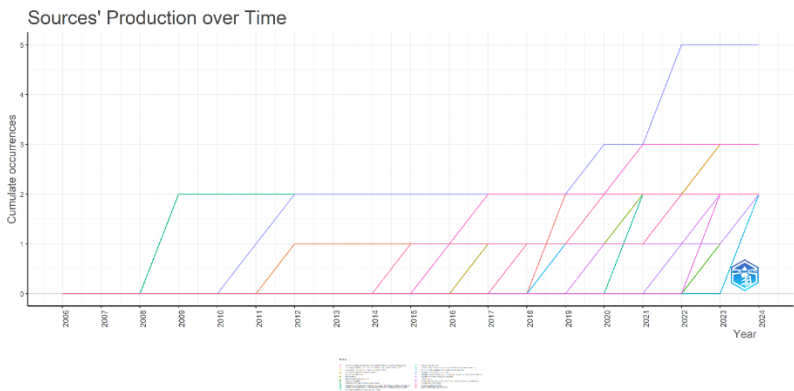
This graph shows the most relevant affiliations based on the number of articles published. George Mason University leads with 17 articles, indicating its prominent role in research on this topic. The University of California and the University of Turku also show substantial contributions, with 12 and 11 articles respectively. This distribution highlights the key academic institutions driving research in this field.



Graph 4. Most Relevant Affiliations

4.6 Sources’ Production over Time:

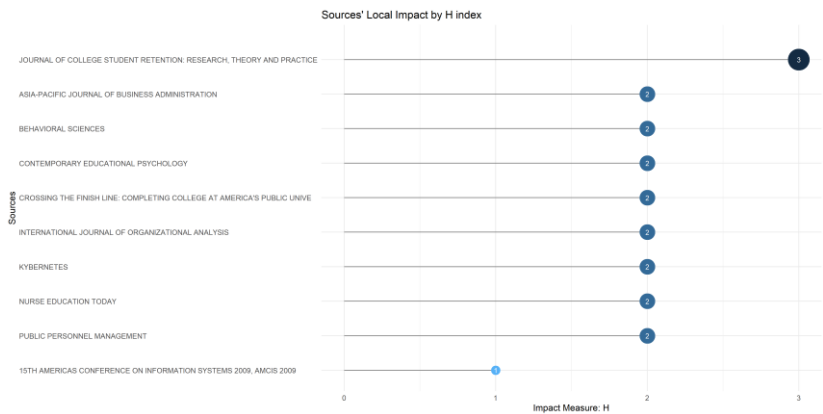
This graph depicts the production of sources over time. Various sources have shown increasing contributions from 2010 onwards, with a notable rise around 2015 and significant growth continuing through 2024. This trend signifies the expanding interest and recognition of the importance of research on attrition and Millennial retention within the IT sector.



Graph 5. Sources’ Production over Time

4.7 Sources’ Local Impact by H Index:

This graph ranks sources by their local impact using the H index. The Journal of College Student Retention: Research, Theory & Practice has the highest impact with an H index of 3, followed by the Asia-Pacific Journal of Business Administration and Behavioral Sciences with an H index of 2. This ranking underscores the critical sources that are influencing research and policy on employee retention and attrition in the IT sector.



Graph 6. Sources’ Local Impact by H Index

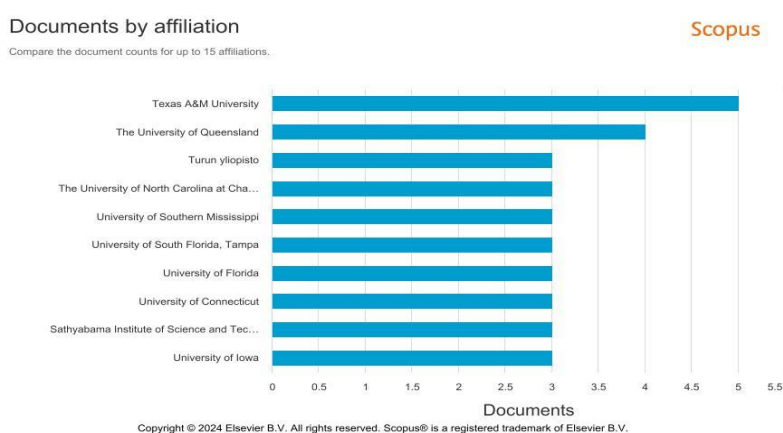
4.8 Documents by Affiliation:

Table 3 Affiliation-wise Distribution of Articles Published

Affiliation	Articles
GEORGE MASON UNIVERSITY	17
UNIVERSITY OF CALIFORNIA	12
UNIVERSITY OF TURKU	11
UNIVERSITY OF CONNECTICUT	9
JOHNS HOPKINS UNIVERSITY SCHOOL OF MEDICINE	8
MONASH UNIVERSITY	8
EDITH COWAN UNIVERSITY	7
STANFORD UNIVERSITY	7
GEORGIA GWINNETT COLLEGE	6
TEMPLE UNIVERSITY	6

The affiliation-wise distribution of articles published, as illustrated in the accompanying graph, reveals key insights into the research contributions of various academic institutions on attrition factors and Millennial retention in the

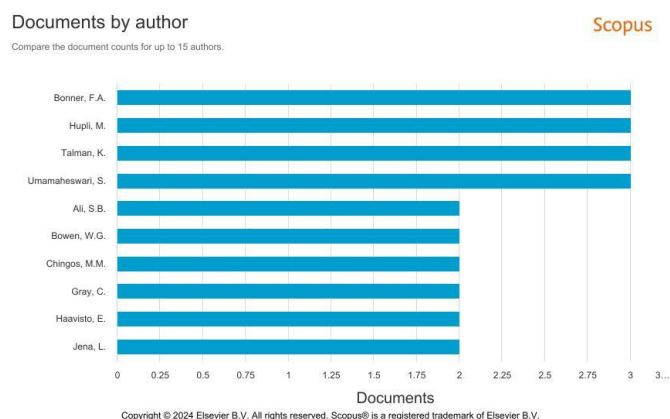
IT sector. Texas A&M University leads the way with the highest number of documents, indicating a strong focus on this research area. Following closely are The University of Queensland and Turun Yliopisto (University of Turku), both contributing significantly to the literature. Other notable contributors include the University of North Carolina at Charlotte, University of Southern Mississippi, University of South Florida, and the University of Florida. These institutions have consistently published relevant research, demonstrating their commitment to addressing attrition and retention issues among Millennials in the IT sector. The University of Connecticut also stands out with a substantial number of documents, alongside Sathyabama Institute of Science and Technology and the University of Iowa, which have made considerable contributions. This diverse array of institutions highlights the widespread academic interest in understanding and mitigating employee turnover in the IT industry. In addition to these top contributors, the table lists other influential affiliations such as George Mason University, University of California, University of Turku, Johns Hopkins University School of Medicine, Monash University, Edith Cowan University, Stanford University, Georgia Gwinnett College, and Temple University. George Mason University is particularly prominent, with 17 articles, followed by the University of California with 12 articles, and the University of Turku with 11 articles. These institutions are at the forefront of research, providing valuable insights and strategies to enhance Millennial retention in the IT sector. Overall, the graph and table together paint a comprehensive picture of the academic landscape, showcasing the institutions that are leading the charge in this critical area of research. Their collective efforts contribute to a deeper understanding of the factors driving attrition and the development of effective retention strategies, ultimately benefiting both the IT sector and its workforce.



Graph 7. Documents by Affiliation

The graph illustrating documents by author indicates that research on attrition factors and Millennial retention in the IT sector is being driven by several prolific authors. Notable among them are Bonner, F.A., Hupli, M., and Talman, K., each with a significant number of documents attributed to their names. These authors have consistently contributed to the body of knowledge, with their research spanning various aspects of attrition and retention. Umamaheswari, S., stands out with the highest number of documents, indicating a leading role in this research area. The contributions from other authors such as Ali, S.B., Bowen, W.G., Chingos, M.M., Gray, C., Haavisto, E., and Jena, L., also highlight a diverse pool of researchers dedicated to exploring and addressing the challenges faced by Millennials in the IT sector.

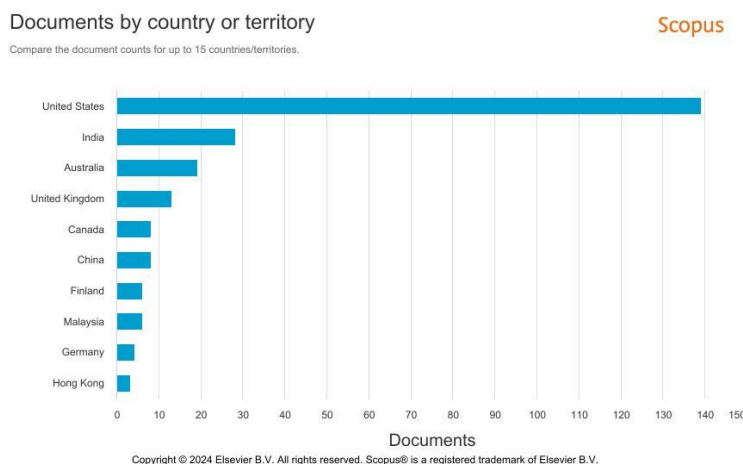
4.9 Documents by Author:



Graph 8. Documents by Author

4.10 Documents by Country or territory:

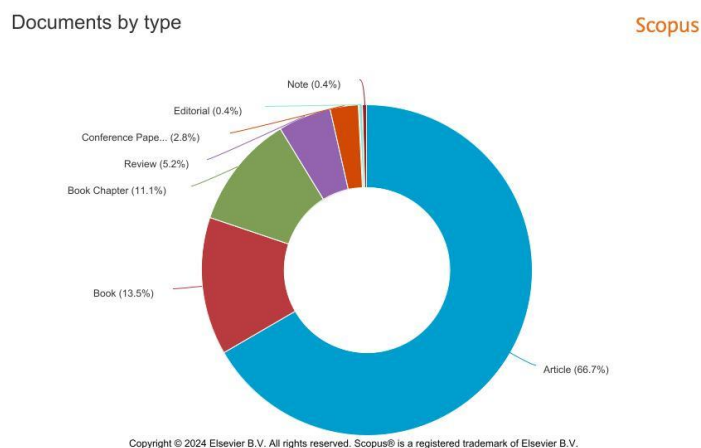
The graph depicting documents by country or territory shows that the United States leads significantly with the highest number of publications, reflecting its extensive research infrastructure and focus on addressing workforce challenges in the IT sector. India and Australia follow, indicating their growing academic interest and investment in understanding and mitigating attrition among Millennials. The United Kingdom and Canada also contribute a substantial number of documents, showcasing their commitment to research in this field. Other countries like China, Finland, Malaysia, Germany, and Hong Kong, although contributing fewer documents, still play a vital role in enriching the global discourse on Millennial retention in IT. This international distribution underscores the global relevance of the issue and the collaborative efforts needed to address it effectively.



Graph 9. Documents by Country or territory

4.11 Documents by type:

The documents by type graph categorizes the various forms of publications contributing to the research on attrition and Millennial retention. Articles form the majority, comprising 66.7% of the total documents, indicating that peer-reviewed journal articles are the primary medium for disseminating research findings in this field. Books and book chapters collectively account for approximately 24.6%, highlighting the comprehensive and in-depth studies conducted on this topic. Reviews, conference papers, editorials, and notes make up the remaining portion, illustrating the diverse formats through which researchers share their insights and findings. This variety in document types reflects the multifaceted nature of the research and the broad audience it aims to reach, from academic scholars to industry practitioners.

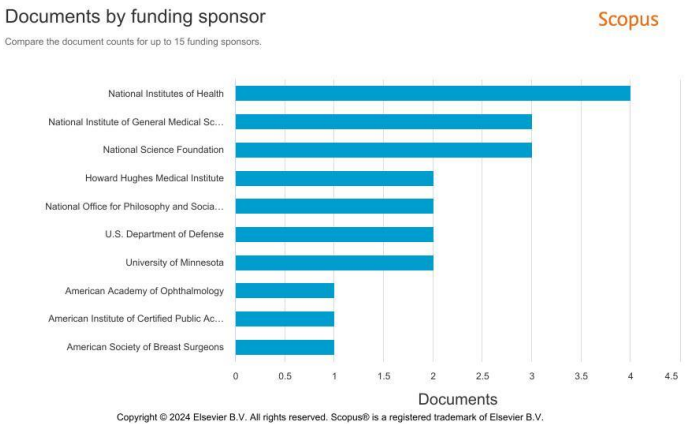


Graph 10. Documents by type

4.12 Documents by funding sponsor:

The graph showing documents by funding sponsor reveals that the National Institutes of Health (NIH) is the leading supporter of research on attrition factors and Millennial retention in the IT sector. This is followed closely by the National Institute of General Medical Sciences and the National Science Foundation, highlighting the significant investment by prominent U.S. research funding bodies. Other notable sponsors include the Howard Hughes Medical Institute and the National Office for Philosophy and Social Sciences, which contribute to the interdisciplinary nature

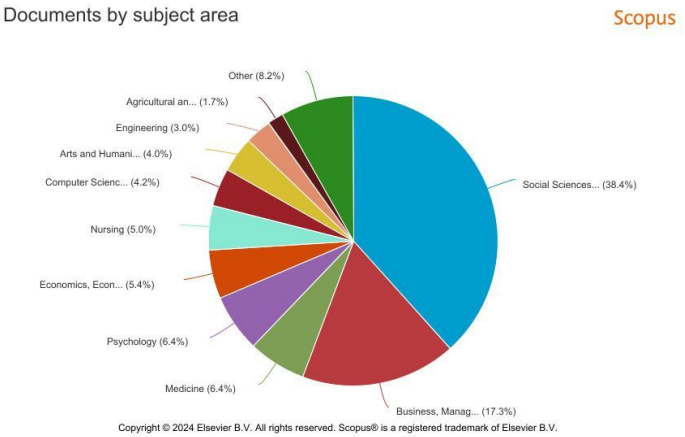
of the research. The U.S. Department of Defense and the University of Minnesota are also key supporters, alongside organizations such as the American Academy of Ophthalmology, American Institute of Certified Public Accountants, and the American Society of Breast Surgeons. This diverse range of funding sources underscores the widespread recognition of the importance of this research and the collaborative efforts to address the challenges of Millennial retention in the IT sector.



Graph 11. Documents by funding sponsor

4.13 Documents by Subject area:

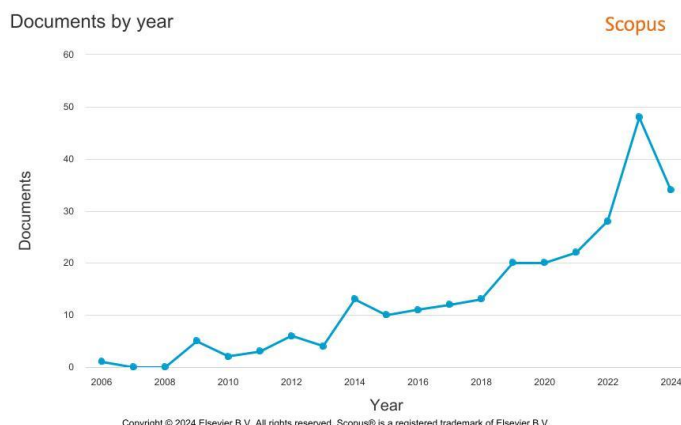
The pie chart displaying documents by subject area reveals a diverse range of disciplines contributing to research on attrition factors and Millennial retention in the IT sector. Social Sciences lead significantly, accounting for 38.4% of the total documents, reflecting the focus on understanding the social and behavioral aspects influencing employee retention. Business and Management follow at 17.3%, highlighting the importance of organizational strategies and management practices in addressing attrition. Medicine and Psychology each contribute 6.4%, indicating an interest in the mental and physical well-being of employees. Economics and Nursing also play notable roles, contributing 5.4% and 5.0% respectively, while Computer Science and Engineering account for 4.2% and 3.0%, emphasizing the technical and professional dimensions of the IT sector. Other subject areas, including Agricultural and Arts and Humanities, together make up 8.2%, demonstrating the interdisciplinary nature of this research field.



Graph 12. Documents by Subject area

4.14 Documents by year:

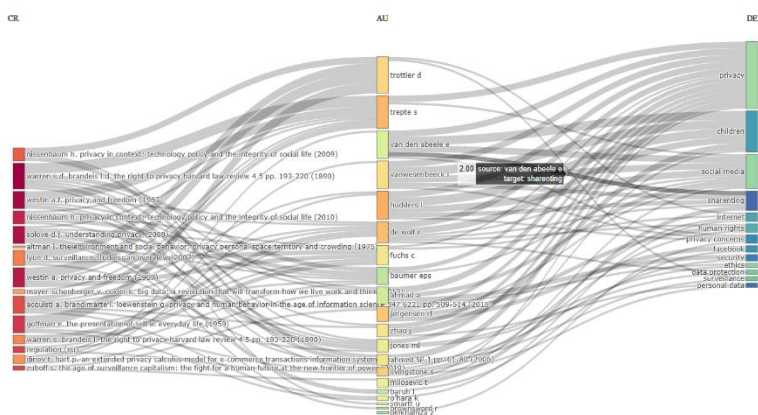
The line graph showing documents by year illustrates the growth trajectory of research publications on attrition factors and Millennial retention in the IT sector from 2006 to 2024. The early years saw minimal activity, with sporadic publications until 2010. A noticeable increase began around 2013, reflecting a rising interest in the topic. This growth trend continued steadily, with significant spikes in 2019 and 2020. The peak occurred in 2023 with 48 documents, indicating a heightened focus and substantial research activity in recent years. Although there was a slight decline in 2024, the overall trend demonstrates an escalating commitment to understanding and addressing Millennial attrition in the IT sector.



Graph 13. Documents by year

4.15 Citation Flow from Sources to Authors and Research Domains:

The complex flow diagram illustrates the citation flow from sources to authors and research domains, providing a visual representation of the interconnectedness within the research landscape. The left column represents key documents, the middle column displays contributing authors, and the right column lists the research domains. This visualization highlights the influential works and their impact across various domains, showing how foundational studies and prolific authors contribute to multiple areas of research. It emphasizes the multidisciplinary nature of the field and the extensive network of citations that drive forward the understanding of attrition factors and retention strategies in the IT sector. The diagram also underscores the collaborative nature of academic research, with significant overlaps and cross-references between different studies and disciplines.



Graph 14. Citation Flow from Sources to Authors and Research Domains

4.16 Service Mapping:

Cluster I: Biblio and countries

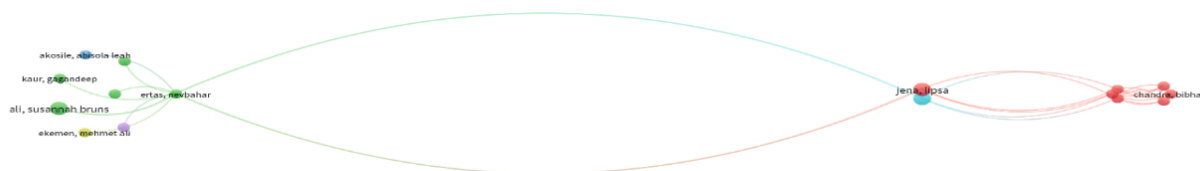
It represents bibliographic coupling and the relationships between different countries. The United States stands out as the most prominent node, indicating a high volume of research output and citations in the field of attrition and Millennial retention in the IT sector. The size of the node and the density of connections illustrate the central role the United States plays in this research area. Other significant contributors include India, the United Kingdom, and Australia, each with their own set of collaborations and research outputs. The interconnectedness among these countries highlights the global nature of the research and the collaborative efforts in addressing common challenges in the IT industry.



It displays the bibliographic coupling among various studies, illustrating how different research works are interconnected through shared citations. The large node representing Bowen (2009) indicates a highly cited and influential study in the field. Other notable works, such as those by Baskin (2014) and Roddy (2017), also show significant citation networks. These connections help identify the foundational studies that have shaped the current understanding of Millennial retention and attrition. The dense clustering of nodes signifies the areas where research efforts are most concentrated, revealing key themes and trends that have garnered substantial academic attention.



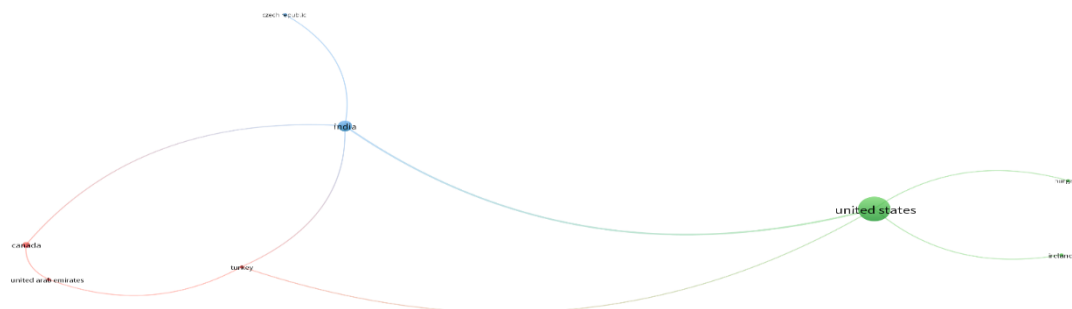
This visualization highlights the relationships between different organizations based on bibliographic coupling. Prominent institutions, such as the University of California and the University of North Carolina, form central nodes with extensive connections, indicating their significant contributions to the field. The clustering of nodes around these institutions suggests collaborative research efforts and shared academic interests. This graph underscores the role of leading universities in advancing the study of attrition factors and retention strategies, emphasizing the importance of institutional support and cross-organizational partnerships in driving impactful research.



Graph 19. Citation and authors

Cluster VI: Citation and countries

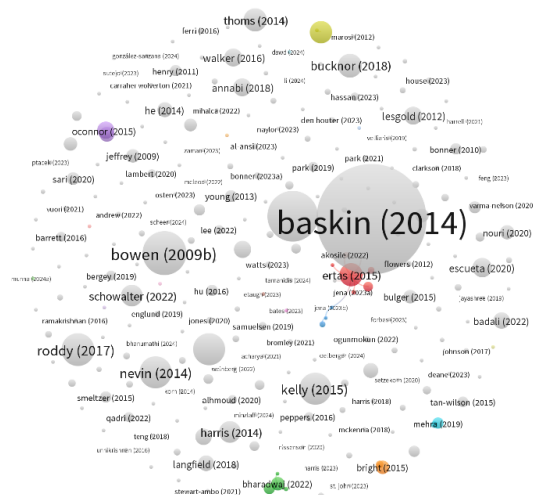
The citation network by countries showcases the global distribution of research contributions. The United States, with the largest node, is the most cited country, followed by significant contributions from the United Kingdom, Australia, and India. The interconnectedness between these countries highlights international collaborations and the exchange of ideas across borders. This global perspective is crucial for understanding the diverse factors influencing Millennial retention in different cultural and economic contexts, enabling researchers to develop more comprehensive and universally applicable strategies.



Graph 20. Citation and countries

Cluster VII: Citation and documents

This graph represents the citation relationships between individual documents. Studies by Baskin (2014) and Bowen (2009) emerge as highly cited works, indicating their foundational impact on subsequent research. The dense network of citations among various documents reveals the cumulative nature of academic knowledge, with each study building on previous findings. This citation map helps researchers identify seminal works and understand the evolution of key concepts and theories in the field of attrition and retention.



Graph 21. Citation and documents

Cluster VIII: Citation and sources

The citation network of sources identifies the journals and publications that are most frequently cited together. Leading sources like the Journal of College Student Retention and the Journal of Organizational Behavior are central to this network, highlighting their role in shaping the discourse on Millennial retention. The interconnectedness of

5. CONCLUSION AND FUTURE DIRECTIONS:

This comprehensive bibliometric analysis has highlighted the critical factors influencing Millennial retention in the IT sector, including career advancement opportunities, work-life balance, recognition, supportive organizational culture, and effective onboarding processes. The increasing number of publications and citations underscores the growing importance of this research area. Key institutions like George Mason University and influential authors such as Baskin and Bowen have played a significant role in advancing the understanding of these issues. The interdisciplinary nature of the research, spanning social sciences, business management, computer science, and more, emphasizes the need for a holistic approach to developing retention strategies. However, the study is not without limitations, such as potential publication bias and the evolving nature of the IT sector. Future research should incorporate diverse data sources, extend the geographic and demographic scope, and include longitudinal studies to capture emerging trends and provide more universally applicable insights. By addressing these factors, IT companies can better align their practices with the expectations of Millennial employees, thereby enhancing organizational stability, productivity, and long-term growth.

5.1 Research Implications

The findings from this extensive bibliometric analysis underscore the multifaceted nature of attrition factors and Millennial retention in the IT sector. The increasing number of publications and citations over the years highlights the growing academic and practical interest in understanding and addressing these issues. The study reveals that key factors influencing Millennial retention include career advancement opportunities, work-life balance, recognition, supportive organizational culture, and effective onboarding processes. The prominent role of institutions like George Mason University and influential authors such as Baskin and Bowen further emphasize the importance of collaborative research efforts in this domain. The diverse range of contributing disciplines, from social sciences to computer science, underscores the interdisciplinary approach required to develop comprehensive retention strategies. These insights provide a valuable foundation for IT companies to design and implement tailored interventions that align with the unique expectations and motivations of Millennial employees, ultimately enhancing organizational stability and productivity.

5.2 Limitations

Despite the comprehensive nature of this study, several limitations need to be acknowledged. Firstly, the reliance on bibliometric data may not fully capture the nuances and context-specific factors influencing Millennial retention across different IT companies and regions. Secondly, the study period from 2006 to 2024, while extensive, may miss emerging trends and recent developments in the rapidly evolving IT sector. Thirdly, the analysis is primarily based on published literature, which may introduce publication bias, as not all relevant studies and practical insights are captured in academic databases. Additionally, the qualitative insights gathered from interviews and focus groups may be limited by the subjective nature of the responses and the specific contexts of the participants. Future research should aim to incorporate more diverse data sources, including industry reports, case studies, and longitudinal surveys, to provide a more holistic understanding of attrition factors and retention strategies. Expanding the geographic and demographic scope of the study can also enhance the generalizability of the findings, enabling the development of more effective and universally applicable retention policies for Millennials in the IT sector.

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