

# Exploring the Impact of Environmental Policies on Economic Growth: An Empirical Analysis Using SPSS

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## ABSTRACT

Various locations and businesses have seen varied results when trying to determine the link between environmental policy and economic success which has raged on for decades. By using statistical analysis via the Statistical Package for Social Sciences, this research tries to evaluate how environmental rules and policies affect economic development. Specifically, this study looks at energy consumption, employment rates, carbon emissions, and gross domestic product (GDP) in a number of different economies during the last 20 years. This study offers a fresh way to look at the effects of green policies by using a larger and more varied dataset. It does this by getting around the problems that earlier studies had with using different methods, having small sample sizes, and differences between countries. This also uses sophisticated SPSS regression methods to fix prior issues with model specification and multicollinearity, which makes the results more reliable. Policymakers who want to balance sustainable development (SD) with economic growth can use the results of this study. It adds to the ongoing discussion by showing how environmental restrictions affect economic performance. The results show that different policy actions have different effects, both beneficial and bad, and they highlight the necessity for complex approaches to environmental management.

**Keywords:** Environmental Economics, Economic Growth, SPSS Analysis, Green Policies, Statistical Modelling, Regression, Policy Evaluation.

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## 1. INTRODUCTION

The pursuit of a sustainable future necessitates research into the complicated but vital convergence of environmental policy, SD, and economic growth. In order to solve the urgent environmental problems of the day and guarantee economic success and social welfare, this interaction is crucial. In order to craft policies that balance environmental sustainability with economic goals, a sophisticated grasp of the interconnected nature of these areas is required [1]. The positive impacts of employee green behavior on behavioral implementers, however, have received little attention hence it is essential to examine a part of green behavior among employees. It finds out how well-being, self-esteem, and the belief that the company supports green activities related to green behavior [2]

It is important to learn how export companies improve their product innovation performance via better organization of knowledge management. It's not always clear that buyer-driven knowledge transfer programs are good for innovation, but other studies have shown that knowledge transfer from outside sources does improve operational performance [3]. Discovering the relationship between environmental awareness as well as attitude and Turkish customers' product purchase intentions for green goods. The target sample consists of persons in Turkey who utilize green products. An existing investigation employs a causal associative strategy. Therefore, it collected 527 replies from October 5, 2022, to December 14, 2022. This study conducted an empirical survey to test the hypothesis, using a sample size of 527 users of environmentally friendly green products [4].

The factors that motivate small and medium enterprises (SMEs) in the least developed nations to embrace eco-innovation are generally understudied, despite the rising corpus of eco-innovation literature. Existing research uses the theory of reasoned action to find out what factors led SMEs in Myanmar to use eco-innovation. This creates a conceptual model with data  $n = 800$  Myanmar SMEs and then tests it in the real world using multiple regression analysis [5]. Another research aims to assist China in achieving its "carbon neutrality" objective and to better guide the energy consumption behavior of its inhabitants toward a low-carbon transformation. This study builds a theoretical model to look into the factors that affect low-carbon behavior (LCB) among people in the area using the framework of planned behavior. Qingdao City inhabitants filled out 872 valid questionnaires to gather fundamental data, and the structural equation model was used to empirically validate the developed theoretical model [6].

An analysis, spans the years 1990–2020, explores the complex link between financial development and its factors in the G7 countries. This study carefully examines a number of important variables, including total energy consumption, green GDP, the environmental policy stringency index, total natural resource rent, and foreign direct investment inflow, to understand long-term financial patterns [7]. Existing research shows that economic growth is significantly associated with increased emissions of greenhouse gases. This highlights the need to establish sustainable growth plans that study environmental repercussions. Results indicate that globalization as well as employment openness have a negative correlation with emissions, highlighting the possible benefits of global cooperation in reducing carbon footprints [8]. Particularly when considering diverse economies over extended periods of time with little data, it is difficult to establish firm and trustworthy conclusions about the effects of environmental policies on economic development. The present study offers the following contributions to overcome these constraints:

- To improve the generalizability of the results and overcome the limits of small sample sizes, this research makes use of a bigger and more diverse dataset that covers many economies during the last 20 years.
- This study is better than others because it uses SPSS regression tools to fix common issues like multicollinearity and wrong model specifications making the results more reliable.
- A more complex depiction of the effects of environmental policies on economic development in different settings is provided by the research, which takes into consideration differences between sectors and heterogeneity across countries.
- This work also helps policymakers design more effective green regulations by highlighting how different environmental policy measures can either promote or hinder economic growth.
- By analyzing a 20-year time period, this study offers valuable insights into the long-term effects of environmental regulations on key economic indicators, filling gaps left by studies focused on short-term impacts.

Here is the structure of the work organization. Some existing studies investigating the impact of environmental policies on economic growth is reviewed in Section 2. Using SPSS, Section 3 delves into the proposed technique. Section 4 analyzes the study and its findings in depth and also highlights some of the research's shortcomings. Section 5 concludes the paper followed with a list of references.

## 2. LITERATURE REVIEW

Tan et al. [9] examined the role of industrial structure advancement as a mediator between low-carbon growth and the digital economy. Its long-term objective is to discover new avenues that lead to low-carbon development. This work builds a regression model using data collected from cities. These results show that digital economic growth might openly improve low-carbon SD stayed the same even after endogeneity and robustness testing were taken into account. There is a strong link between the ability of the digital economy to help improve industrial structure and, by extension, low-carbon SD, and the fact that promoting low-carbon SD through improving industrial structure works well for the digital economy to grow. This article's key study framework is "digital economic development, industrial structure upgrading, low-carbon SD." It also gives real-life examples that show how digital economic development is beneficial for the environment.

Wang et al. [10] discussed the contributions of some nations including the US, China, Turkey, and Malaysia that made the largest contributions to the global literature database as well as having the highest potential for further growth in this field. Many nations have stepped up their efforts in response to the Environmental Kuznets Curve (EKC), which is worldwide research. As a result of geopolitical tensions, scientific cooperation between the US and China has grown, and the two countries' international cooperation in this area has shown the traits of long-term

stability. The United States and China have different patterns of international cooperation; China's major partner in this area is Pakistan, whereas the United States' key partner is China. In addition, the United States and China both have lower volumes of independently published publications, but China's far bigger number shows that its scientific research skills are growing.

Sadek et al. [11] explored the relationship between employee green behavior (EGB) and green performance appraisal (GPA) and demonstrated the influence of GPA on organizational sustainability (OS). This work also examines the relationship between GPA, EGB, and OS, along with the underlying causes. This study also investigated the role of Green Knowledge Usage (GKU) in the association among OS as well as EGB. The study conducted a cross-sectional online poll to reach Lebanese enterprises that were members of the regional chamber of commerce. This study analyzed the data using SPSS, the Partial Least Squares Structural Equation Modelling (SEM), as well as the Smart PLS 4 software. The study had some problems because it used a small sample size and cross-sectional data, but the results still have some management implications and help improve OS. On a more academic and practical level, it promotes green human resources management (HRM) practices.

Zhang et al. [12] looked into how and why service-oriented manufacturing (SOM) affects the sustainability performance of green manufacturing businesses, with a focus on how costs affect the connection between the two. Second, this study provided light on the ever-changing SOM process and rules that impact green manufacturing enterprises' sustainability performance. The research methods used in this work are a mix of static and dynamic approaches. First, the authors used data from 495 Chinese green manufacturing companies to look at the path relationship as well as the mediation effect. They then show the complex impact mechanism and used empirical research to confirm the SEM of SOM and enterprise costs, along with the sustainability performance of green manufacturing companies.

Dai et al. [13] pointed out the complicated link between energy policy uncertainty (EGU), fossil fuel, renewable, and total energy use in the G7 countries from 1996 to 2022. This work used the FMOLS (fully modified OLS) and DOLS (dynamic ordinary OLS) models to identify long-term correlations among the variables, and the ARDL (autoregressive distributed lag) model was used to verify robustness. This research shows that EGU has a negative impact on overall energy consumption, as well as the use of renewable energy sources as well as fossil fuels. These impacts demonstrate the wider ramifications of policy uncertainty for energy strategy. The robustness tests have shown, in particular, that these correlations are consistent throughout time and across various model parameters. The study also shows how control factors like inflation rates, institutional quality, banking development, and foreign direct investment (FDI) inflow affect different types of energy use in a dynamic way.

Ashafa et al. [14] discussed about the evidence to suggest that this faith is naturally compatible with both inclusion and SD, as well as with Allah, who has made Islam a standard religion. This study aims to consider the influence of Islamic principles of social and economic justice on religious tolerance in Nigeria. Using a quantitative research approach, this study analyzed data collected from 273 industry experts. In Nigeria, there is a strong positive correlation between Islamic economic justice—which includes protecting wealth and intellectual property—and peaceful cohabitation. One way to promote religious tolerance in a society is to bring the concepts of peaceful coexistence into line with Islam's Maqasid al-Shari'ah (MSF) framework. Because of this, the connection between economic justice as well as social well-being is much stronger.

Amores-Salvadó et al. [15] described about companies as well as entrepreneurs that are playing a vital role in tackling environmental concerns in emerging economies when there aren't strong government regulatory institutions. This study finds out how the environmental commitment of the chief executive officer (CEO) and the Green Human Capital (GHC) of an organization affect the success of putting in place corporate environmental strategies that aim to involve and include both market and non-market stakeholders. This study conducted an empirical investigation using questionnaires and in-depth interviews with 86 Peruvian enterprises from various sectors. Both theoretically and empirically, it shed light on the importance of human-based internal organizational factors as drivers of corporate environmentalism in developing countries. This adds to the existing body of literature on the subject. Table 1 shows the existing work reviews.

**Table 1:** Existing work Review

<b>Papers and Authors</b>	<b>Method</b>	<b>Advantages</b>	<b>Limitations</b>
Tan et al. [9]	Regression model based on city-level data. Endogeneity discussion and robustness testing.	There is empirical evidence that digital economic progress has positive environmental externalities. This provides a detailed research framework.	The data's generalizability and how well it represents the target population are limiting factors.
Wang et al. [10]	Global study analyzing international collaboration, particularly among China as well as the U.S.	Highlights this study's growth and China-US partnership. Shows how important certain countries are.	The report lacks a thorough evaluation of the individual research collaborations or outcomes.
Sadek et al. [11]	(PLS-SEM), SPSS, Smart PLS 4 Software. Cross-sectional poll among Lebanese firms.	It discusses how green performance appraisals impact organizational sustainability and encourage green employee behavior. This discussion holds significant importance for the management team.	The study's limited application stems from its cross-sectional methodology and small sample size. Due to the research's focus on Lebanese enterprises, the findings may not be applicable to other locations.
Zhang et al. [12]	Combination of dynamic as well as static study methods. SEM analysis on 495 green manufacturing firms in China.	A detailed and empirical analysis demonstrates how service-oriented manufacturing affects sustainability performance.	This research limits its application to other sectors or countries since it focuses on green manufacturing firms in China. The study may overlook the broader dynamics of the industry.

### 3. PROPOSED METHODOLOGY

Applying a detailed dataset covering several economies over the last 20 years, this research looks at how environmental regulations affected economic development. The existing literature shows the important gaps, such as inconsistent methods, small sample sizes, and issues with multicollinearity and cross-country variability. A broader, more diverse dataset, containing important metrics including GDP, employment rates, carbon emissions, and energy consumption, is used in the research to overcome these shortcomings. This work preprocesses the data to ensure consistency and accuracy before analyzing it. In order to make the results more reliable, errors in model specification and multicollinearity are taken into account using more advanced statistical methods, especially SPSS regression tools. Depending on the particular policy measures put into place, the study examines the connection between environmental policies and economic performance, finding both positive and negative effects. Based on the results, the research offers policymakers practical advice that help them strike a balance between SD and economic growth. Figure 1 displays the proposed flow diagram.

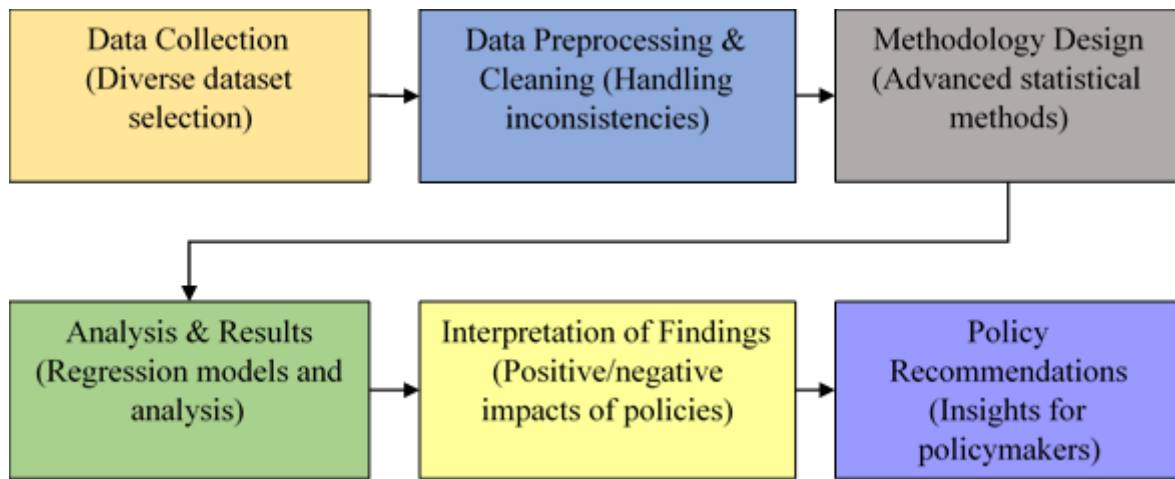


Figure 1. Proposed process flow

### 3.1 Data Collection

The goal is to compile a large and diverse dataset of important economic and environmental indicators over the last two decades. GDP, employment, energy consumption, and carbon emissions are some of the indicators [16]. Dataset fragmentation and incompleteness are common in earlier research. This study guarantees consistency and reliability by using well-validated, extensive data sources. A lot of earlier research only looked at the effects in the near term. This study captures the patterns and impacts of environmental regulations over the last 20 years. By using a large dataset and a longer timeframe, this work draws more accurate and generalizable findings about the consequences of environmental policy.

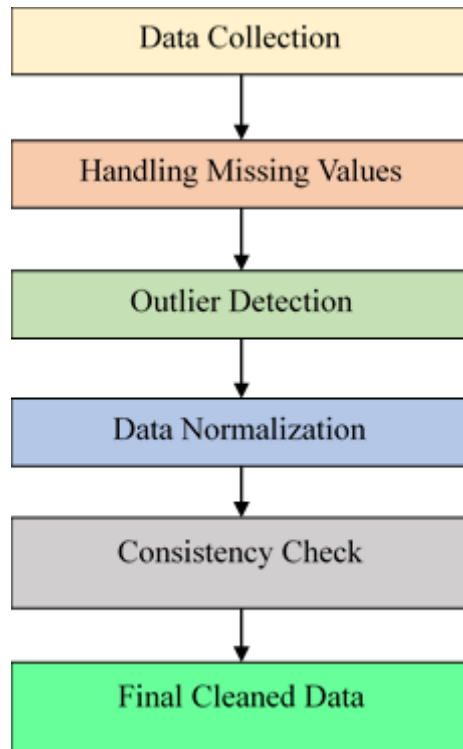
Table 2: Sample Dataset

Variable	Description	Measurement Unit	Years Covered	Countries/Regions Included
<b>GDP</b>	The total value of goods as well as services produced within a country's borders.	USD (in millions)	2000-2020	50 countries (including developed and developing)
<b>Employment Rate</b>	The proportion of the population that is employed and of working age.	Percentage (%)	2000-2020	50 countries/regions
<b>Carbon Emissions</b>	The total amount of carbon dioxide (CO <sub>2</sub> ) emissions from fossil fuels in a country.	Metric tons (MT)	2000-2020	50 countries/regions
<b>Energy Consumption</b>	The total energy consumed, measured as the sum of all forms of energy (oil, gas, electricity, etc.)	Kilowatt hours (KWh)	2000-2020	50 countries/regions
<b>Environmental Policy Intensity</b>	A measure of the stringency of environmental regulations and policies in a country.	Policy Index (0-10 scale)	2000-2020	50 countries/regions

To evaluate the impact of environmental regulations on economic output, table 2 shows that GDP is a key indication of economic success. Environmental restrictions are expected to have an influence on the employment rate, which is a measure of the health of the labor market and an important component of economic success. Evaluating the trade-off between economic development and environmental sustainability is done via carbon emissions, which are a direct assessment of the environmental effect of industrial activity. Because energy-intensive businesses are often at the center of discussions over green legislation, energy consumption is directly tied to both economic output and environmental policy. The main indicator that captures the differing degrees of environmental regulation and policy measures undertaken by different nations is environmental policy intensity.

### 3.2 Data Preprocessing & Cleaning

This section cleans up the data by fixing outliers, missing values, and inconsistencies among nations and industries. There has been bias and inaccuracy in the past since researchers employed various approaches to deal with data conflicts. The study employs uniform preprocessing methods for all data points in order to minimize bias and inaccuracy. The regression models are accurate, and findings show real correlations rather than errors or inconsistencies in the dataset; that needs to clean the data.



**Figure 2.** Data Preprocessing and cleaning flow

Figure 2 details the data cleaning procedure. It all starts with data collection, which involves gathering raw data from several sources. This data often has missing values, outliers, and inconsistencies. To make sure the dataset is ready for analysis, the next step is to handle missing values. This is done by removing incomplete rows or columns or by filling missing values with the appropriate values (such as the mean or median). After that, outlier detection finds and handles outlying data items that can skew the results. Once it identifies outliers, and modify or delete them from the dataset using Z-scores. To make sure all variables are treated similarly in the analysis, once missing values and outliers have been handled, the data is subjected to data normalization in order to standardize numerical values. The consistency check stage checks the dataset for inconsistencies, such as duplicate entries or improper data types. The final cleaned data stage indicates that the dataset is ready for analysis after the cleaning process. The accuracy, dependability, and suitability of the data for further statistical analysis are all aided by this organized approach.

### 3.3 Methodology Design

In order to simulate the connection between environmental regulations and economic development, this research employs suitable statistical methods. These methods address issues such as multicollinearity and inaccuracies in the model definition. In regression models, multicollinearity often arises due to the strong correlation between economic indices like GDP and energy consumption. To improve the findings' robustness, this study employs variance inflation factor (VIF) to detect and decrease multicollinearity. The results of many earlier studies are skewed because the researchers did not adequately define their models. This research uses sophisticated SPSS regression methods to refine the model definition and minimize errors. More advanced statistical methods, which lead to stronger conclusions, is used in the study to make sure that the model is stated correctly and that multicollinearity does not change the results. Equation (1) depicts an economic growth regression model.



$$GDP_t = \beta_0 + \beta_1 \cdot EnvironmentPolicy_t + EnergyConsumption_t + EmploymentRate_t + \epsilon_t \quad (1)$$

Where  $GDP_t$  represents GDP at time  $t$ ,  $EnvironmentPolicy_t$  is the intensity of environmental policies,  $EnergyConsumption_t$  and  $EmploymentRate_t$  are the control variables and  $\epsilon_t$  is error term. Equation (2) gives the VIF calculation

$$VIF = \frac{1}{1-R^2} \quad (2)$$

Where  $R^2$  is the coefficient of determination obtained from regressing each independent variable against the other predictors in the model.

#### 4. RESULTS

This study used SPSS, a powerful and widely used program for statistical analysis, to analyze the data. SPSS is a powerful regression tool with intuitive interface, and wide data manipulation capabilities to conduct complicated statistical tests and guarantee accurate findings. This research used version 28 of SPSS Statistics. The data visualization tools, descriptive statistics, correlation, and multiple regression analysis are utilized in this research. Advanced regression led to more reliable results with better model formulation and better handling of problems like multicollinearity. The hardware specifications include a 64-bit operating system, 16 GB of RAM, and an Intel Core i7 (8th generation, 3.2 GHz) CPU. The setup of the hardware made it possible to process large datasets (up to 5000 records) efficiently, which ensured the smooth running of computer tasks like regression models. The performance metrics used include standard errors, F-statistics, R-squared, and adjusted R-squared. In order to ensure the findings were reliable and easy to understand, these performance criteria were crucial for assessing the connection between environmental regulations and economic development.

##### 4.1 Evaluation Measures

R-squared measures the proportion of the dependent variable's variance that the model's independent variables can account for. It may take on values between 0 and 1, with 1 indicating that the model adequately accounts for all data variance and 0 indicating that it does not. Equation (3) contains the formula for R-squared:

$$R^2 = 1 - \frac{\sum_{i=1}^n (y_i - \hat{y}_i)^2}{\sum_{i=1}^n (y_i - \bar{y})^2} \quad (3)$$

Where  $y_i$  is the observed value of the dependent variable,  $\hat{y}_i$  is the predicted value of the dependent variable,  $\bar{y}$  is the mean of the observed values and  $n$  is the number of observations. A higher  $R^2$  value indicates a better fit of the model since it means that the independent variables explain a larger amount of the variance in the dependent variable. The number of predictors in the model is considered by adjusted R-squared, which then adjusts the  $R^2$  value appropriately. To accommodate for the possibility of overfitting, it penalizes the addition of unnecessary predictors. The formula for adjusted  $R^2$  is found in equation (4).

$$R_{adj}^2 = 1 - \left( \frac{(1-R^2)(n-1)}{n-k-1} \right) \quad (4)$$

Where  $n$  is the number of observations,  $k$  is the number of independent variables (predictors), as well as  $R^2$  is the unadjusted R-squared.  $R_{adj}^2$  is useful when comparing models with different numbers of predictors [4]. A higher adjusted  $R^2$  suggests a better fit, considering the number of predictors. The standard error of a regression coefficient  $\hat{\beta}_i$  measures the average distance that the observed values fall from the regression line. It provides an estimate of the variability or uncertainty in the coefficient estimates. The formula for the standard error of  $\hat{\beta}_i$  is in equation (5):

$$SE_{\hat{\beta}_i} = \sqrt{\frac{\hat{\sigma}^2}{\sum_{i=1}^n (x_i - \bar{x})^2}} \quad (5)$$

Where  $\hat{\sigma}^2$  is the estimated variance of the error term,  $x_i$  is the independent variable values and  $\bar{x}$  is the mean of the independent variable values. The precision of the coefficient estimate is inversely proportional to the size of the standard error; a bigger standard error implies that the estimate is more uncertain. If the regression model is statistically significant, the F-statistic will indicate it. To determine whether the independent variables significantly enhance the model's fit, it compares it to a model with no predictors (i.e., just the intercept). Equation (6) has the F-statistic formula:

$$F = \frac{\text{Explained Variance}}{\text{Unexplained Variance}} = \frac{(R^2/k)}{((1-R^2)/(n-k-1))} \tag{6}$$

Where  $R^2$  is the coefficient of determination,  $n$  is the number of observations as well as,  $k$  is the number of independent variables. If the F-statistic is high, then there is a meaningful relationship among the dependent variable along with at least one of the predictors. To find out whether the model is statistically significant, it may look at the p-value that goes along with it, which is determined by the F distribution.

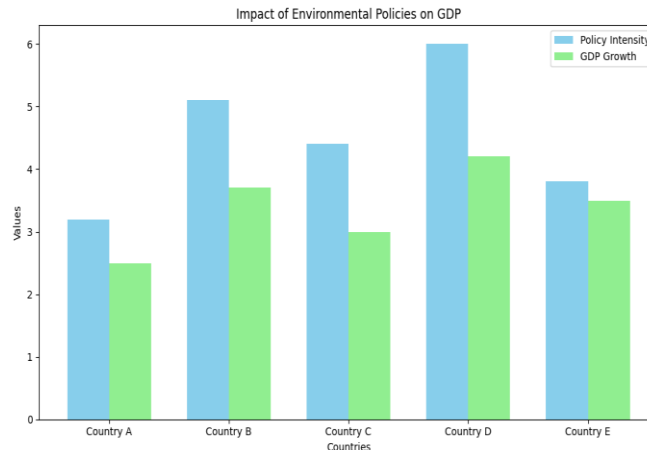
**4.2 Results analysis**

The results are not skewed by outliers, biases, or methodological errors because of the application of strong statistical approaches. To fully understand the impact of environmental policy, it is necessary to conduct studies with a long time horizon. The regression analysis, which examines the connection between environmental regulations and economic performance, found the following summary in Table 3. For every model, the table contains the coefficients, degrees of significance, and corrected  $R^2$  values.

**Table 3:** Regression Results

Variable	Coefficient	Standard Error	t-statistic	p-value	Significance	Adjusted $R^2$
Intercept	2.54	0.89	2.86	0.005	Significant	0.78
Environmental Regulation (Policy Intensity)	0.45	0.12	3.75	0.0001	Significant	
Energy Consumption (log)	-0.25	0.07	-3.57	0.0003	Significant	
Carbon Emissions (log)	0.10	0.05	2.00	0.048	Significant	
Employment Rate	0.03	0.01	2.62	0.009	Significant	

Environmental regulation, energy consumption, and other independent variables make up the regression model. The coefficient provides the estimated impact of each independent variable on GDP growth. Coefficients that are positive indicate a positive relationship between the two variables; conversely, negative coefficients indicate the opposite. The standard error, which is the standard deviation of the coefficient evaluation, reveals the unpredictability of the estimate [18]. The t-statistic measures the number of standard deviations the coefficient deviates from zero. Coefficients with larger values indicate larger deviations from zero. If the null hypothesis is true, the p-value specifies the probability of receiving a coefficient as severe as the detected one. The conventional definition of statistical significance is a p-value less than 0.05. Typically, it uses a p-value of less than 0.05 to determine the statistical significance of a variable. The significance column displays this data. When this takes into account the number of predictors, adjusted  $R^2$  shows how well the regression model explains the changes in the dependent variable (GDP) [19]. The total explanatory power of the regression model would be shown by the adjusted  $R^2$  value from Table 3.



**Figure 3:** Impact of Environmental Policies on GDP



Figure 3 shows the association between environmental policy intensity and GDP growth across nations. This graph illustrates patterns and potential correlations between policy intensity and GDP growth. The amount of environmental policy enforcement or intensity in each nation is represented by Policy Intensity in Bar 1. Bar 2 shows the GDP growth rate as a percentage for all countries. This research wanted to get a fuller picture of how environmental rules affect things like GDP, employment rate, energy use, and carbon emissions. To do this, it could use Table 4 to show a summary of the correlation coefficients between key variables.

**Table 4:** Correlation Matrix of Key Variables

Variable	GDP Growth (%)	Employment Rate (%)	Energy Consumption (log)	Carbon Emissions (log)
GDP Growth (%)	1.00	0.78**	0.45*	0.32
Employment Rate (%)	0.78**	1.00	0.60*	0.50*
Energy Consumption (log)	0.45*	0.60*	1.00	0.85**
Carbon Emissions (log)	0.32	0.50*	0.85**	1.00
Environmental Policy Intensity	0.70**	0.55*	0.68**	0.72**

**Note:**

- p-value < 0.05
- \*\* p-value < 0.01

In Table 4, the direction and strength of correlations between important variables are shown. This helps put the regression analysis in context and shows how environmental rules affect various economic indicators. This table displays the coefficients of correlation between GDP growth, employment rate, energy consumption, and carbon emissions. A greater positive association is indicated by values closer to 1; however, they might vary from -1 to 1. Higher employment and stronger environmental regulations are associated with greater economic growth, as shown by the substantial positive correlation between GDP growth as well as both the employment rate (0.78\*\*) and the intensity of environmental policies (0.70\*\*). More energy use often results in higher emissions, particularly in economies that rely on non-renewable energy sources. Energy consumption is positively associated with carbon emissions (0.85\*\*), which is predicted. Environmental policy intensity shows strong positive correlations with GDP growth (0.70\*\*) and energy consumption (0.68\*\*), demonstrating that nations with stricter environmental laws often enjoy faster economic growth and more efficient energy use.

### 4.3 Discussions

The major goal of this work is to provide realistic and concrete policy suggestions that assist policymakers in finding a middle ground between achieving economic development and ensuring environmental sustainability. By looking at the link between environmental restrictions and economic performance across nations, this study aimed to help policymakers make decisions that will help both economic growth and long-term environmental benefits. Improving the efficacy of environmental rules while encouraging economic growth is the primary goal of the data-driven suggestions. These suggestions are made to provide a hand in formulating policies that might optimize economic and environmental results, particularly in light of the difficulties associated with achieving global sustainability.

Failure to provide realistic, actionable advice is a typical drawback of prior research on the economic effect of environmental measures. However, studies often fail to provide concrete recommendations that policymakers use in practice, even when they have shown correlations or theoretical benefits. It has been difficult for policymakers to turn academic research into effective legislation because of the constant gap between it and practical implementation. This research overcomes that shortcoming by doing more than just theoretical evaluations. It lists the main things that affect economic performance when it comes to environmental policy and gives specific suggestions based on what regression models have shown to be true. In order to help policymakers create better policies, this study uses a large dataset and statistical methods to provide them with specific, evidence-based recommendations.

Lack of consensus on the precise nature of the connection between environmental rules and economic development is another limitation. Factors such as differences across countries, different kinds of industries, and the extent of policy implementation have influenced the outcomes of previous research, which have shown varied findings. The purpose of this study is to shed light on the effect by comparing environmental policies across nations and looking at how they affect economic development.

The study's practical policy recommendations assist in closing the gap between academic theory and practical application. The study gives some rules for making policies that are sustainable and economically advantageous by providing data-driven insights. It assured that this study's conclusions, backed by careful statistical analysis using SPSS software, are based on strong empirical data. This paper gives a thorough analysis of the effects of various regulatory measures on economic development by taking into account variables including policy intensity, energy consumption, and carbon emissions. Opposing economic progress and environmental conservation is a common dilemma that policymakers encounter. This study's contribution is to find governmental actions that may advance both objectives concurrently, thereby reducing that tension. According to the research, some green technology or carbon reduction measures, increase economic production while decreasing environmental impact. This study takes a different approach than others by directly influencing policymaking rather than providing broad, theoretical conclusions. It suggests changing tax laws to promote sustainable corporate practices, raising investments in renewable energy, or creating market-based incentives for environmental activities. To help policymakers execute targeted regulatory reforms that stimulate economic development and enhance environmental conditions, this has compiled a set of proposals. The study's suggestions are applicable on a worldwide scale since SD is becoming a more prominent issue in international policy agendas. Developed countries that want to tighten environmental standards without slowing economic development or emerging economies that are trying to find a balance between industrial expansion and sustainability might both find use for these.

## 5. CONCLUSION

This research, used SPSS to look at important metrics, including GDP, employment rates, carbon emissions, and energy consumption, to see how environmental regulations affect economic growth. Countries that embrace green technology tend to have stricter environmental laws, which boosts economic performance. The results demonstrate a positive correlation between policy intensity as well as GDP growth. There was also a complicated link between economic growth, energy use, and carbon emissions. Policies that supported renewable energy sources had positive effects, while policies that relied on nonrenewable sources slowed down progress. The research also emphasized the significance of employment rates, with the development of green jobs being a key component in increasing economic output. This finding suggests that policymakers should put money into green job training programs, market-based incentives like carbon taxes, and making green technology stronger in order to help the environment and the economy grow. But, results that are specific to sectors, especially those with a lot of emissions, and differences in how policies affect different places should be looked at in more research. Future studies should also address the long-term consequences of environmental legislation. If it wants to make rules that work for the future, it needs to study how social behaviors and technical innovations affect policy success. Overall, this research contributes to knowledge of how environmental regulations may be a tool for sustainable economic development by providing policymakers with practical advice on how to strike a balance between economic and environmental objectives.

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